



We build strong kids, strong families, strong communities.

Helena Family YMCA Spring 2010 Swimming Lesson

Spring Session I

Dates	Days	Start Time	Levels
March 15 th – March 25 th	Mon, Tues, Wed & Thurs (8 lessons)	6:00pm	Pike ◀, Eel ◀, Ray ◀, Starfish ◀
		6:30pm	Aquatot ◀, Polliwog ◀, Guppy, Minnow, Fish, Flying Fish, Shark

Spring Session II

Dates	Days	Start Time	Levels
April 5 th – 28 th	Mon/Wed (8 lessons)		
		4:00pm	Pike ◀, Eel ◀, Ray ◀, Starfish ◀
		4:30pm	Aquatot ◀, Polliwog ◀, Guppy, Minnow, Fish, Flying Fish, Shark
April 6 th – 29 th	Tues/Thurs (8 lessons)	6:00pm	Pike ◀, Eel ◀, Ray ◀, Starfish ◀
		6:30pm	Aquatot ◀, Polliwog ◀, Guppy, Minnow, Fish, Flying Fish, Shark

Spring Session III

Dates	Days	Start Time	Levels
May 4 th – May 28 th (no class May 25 th Family fun day will be May 28 th at 6pm)	Mon/Wed (8 lessons)		
		4:00pm	Pike ◀, Eel ◀, Ray ◀, Starfish ◀
		4:30pm	Aquatot ◀, Polliwog ◀, Guppy, Minnow, Fish, Flying Fish, Shark
May 5 th – May 28 th	Tues/Thurs (8 lessons)	6:00pm	Pike ◀, Eel ◀, Ray ◀, Starfish ◀
		6:30pm	Aquatot ◀, Polliwog ◀, Guppy, Minnow, Fish, Flying Fish, Shark

Lesson Length	Swim Level Program
◀30 Minutes ◀	Aquatot ◀, Pike ◀, Ray ◀, Eel ◀, Starfish ◀, Polliwog ◀
45 Minutes	Guppy, Minnow, Fish, Flying Fish, Shark

Cost is Dependent on Number of Lessons and Lesson Length

Lesson Length	Number of Lessons	Members	Participants
◀30 Minutes	8	\$35	\$55
45 Minutes	8	\$45	\$65